

Micro-Mentoring with Mitch Matthews

WHAT: _____ - Mentoring

WHY: The Intellectual _____ System

HOW:

Looking for day-to-day opportunities to mentor

- Start with questions instead of suggestions
- Ask follow up questions to gain clarity
- Look for opportunities to encourage initiative, ownership & engagement

Suggested Structure:

- Unplanned conversations and/or convos lasting 10 minutes or less

Micro-Mentoring Q's:

- What **might** be a good next step in this situation?
- What **might** be a solution here?
- Describe** how this has played out in the past.
- What is something you would want to do differently this time?
- What would you tell Steve to do if he was in this situation?
- What advice would you give an intern if they were trying to solve this?

NOW:

In the space below, write down a few examples of times when you could intentionally experiment with “Micro-Mentoring” in your world.

Think through the examples of the Micro-Mentoring questions.
Revise them to make them more applicable in your world.
Write your new questions in the space below.

Mitch Matthews is an international keynote speaker, success coach and best-selling author. He works with organizations like NASA, Disney, Principal Financial Group and Booking.com. He helps them to innovate, engage & deliver at new levels. Mitch is also an expert on work-place mentoring.

His “DREAM. THINK. DO.” Podcast is at the top of the iTunes charts. We invite you to check it out!
Connect with Mitch and his team at ContactUs@MitchMatthews.com or call 800.491.5316.